




SAFE HARBOUR

FOCUS ON RESILIENCE, HEALING AND CONNECTION

In 2022, Sankaa published its groundbreaking report, Racism Unravelled. 410 people with African roots shared their stories. A link to the project can be found here: <https://sankaa.be/projecten/racisme-ontrafeld-eindrapport/>.

Race-related pain is akin to PTSD : it causes **persistent stress**, a gnawing lack of self-confidence, a gap between those who endure racist discrimination and the wider society that structurally perpetuates this injustice.

That is why Sankaa is launching a new project : Safe Harbour, where people with African roots come together within a Safe Space. **In these Safe Spaces, we meet, discuss pain and build greater resilience and connection to the world around us.**

You can register (without obligation) on the Dutch page. Look for this symbol :  See you soon?
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